

Chabad of the Ottawa-Carleton Region

<http://www.ottmall.com/chabad/>

(613) 728-9137

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WEEKLY CLASSES OFFERED

Sunday

10:15 -11:15 AM, **Jewish Mysticism at its best!** @ The Jewish Youth Library of Ottawa, 192 Switzer Avenue, Ottawa. Call 729-1619 for details. *No background necessary. Join us each week to study the mystical teachings of chassidus and to see how our rich tradition is the key to transforming the monotony of life into a meaningful quest. This series is only for those feel that there must be more to life, or those that wish to improve themselves; those who are prepared to face stark realities.*

Monday

8:30-9:30 PM, **Advanced Course in Jewish Mysticism @ 1504 Raven Avenue, Ottawa.** Call 728-9137 for details. *The Chassidic masters harnessed various concepts from throughout the torah including many mystical concepts in a manner that allows one to reach previously unattainable heights in spiritual development. Expanding one's knowledge of Hashem and all of His creations is a humbling experience. Humility is a prerequisite for spiritual growth. Chabad Chassidus is an all-embracing world outlook and way of life which sees the Jew's central purpose as a unifying link between the Creator and His world. These classes, often lofty, sometimes shockingly blunt and practical always leave one with a desire to learn more.*

Tuesday

8:00-9:00 PM, **Talmud for Beginners- Tractate of P'sochim (for men) @ The Jewish Youth Library of Ottawa, 192 Switzer Avenue, Ottawa.** Call 728-9137 for details. *Join this group of local professionals and discover why the wisdom of our sages has transcended time. This is not a mere intellectual workout but rather a study so intricate, precise and comprehensive that it remains unparalleled. Accumulate sufficient knowledge of Talmudic material and the G-dly origin of our tradition becomes self-evident. Lively discussion and deep debate are the earmark of this weekly class led by Rabbi Botnick. Let this class, now, in its fourteenth year be the highlight of your week.*

Thursday

8:15-9:15 PM, **Chumash (weekly Torah portion) with Rashi (Classical Commentator)** **Watch the weekly portion come to life! In Kanata** *This weekly study group that began in 1998 examines the simple meaning of the weekly Torah reading through the eyes of one of the Jewish people's greatest Bible and Talmud commentators, Rabbi Shlomo Yitzchaki, known simply as Rashi. Despite his brilliance and thorough knowledge of even the most intricate parts of the Torah, Rashi, a teacher of young children was a master of systematically simplifying even the complex. One is never too clever to appreciate Rashi's simple approach; One can't live too far West to study.*

For children's classes and programming, contact **Cheder RAMBAM School** at: (613) 820-9484, info@rambam.ca, or <http://www.rambam.ca/>